

UNIT SPECIFICATION							
Unit title MANAGING MENTAL HEALTH IN NON-MENTAL HEALTH SETTINGS							
Level	Level 7	Credit value	20 (10 ECTS)				
Is this a common unit?		No	Expected contact hours for unit	36			

### Pre and co-requisites

None

### Aims

The aim of this unit is to develop knowledge and skills regarding the mental health care needs of adult clients in non-mental health settings.

## Intended learning outcomes (ILOs)

Having completed this unit the student is expected to:

- 1. Critically analyse ways in which the mental health of clients will be recognised, assessed, and appropriately referred.
- 2. Demonstrate critical evaluation of approaches to supporting and monitoring services users with mental health needs in non-mental health settings
- 3. Identify and explicitly define the key presenting features of a range of common mental illnesses
- 4. Critically analyse the mental health care skills required in non-mental health settings
- 5. Explore underpinning research methodologies for critically analysing the assessment and care of a service user

## Learning and teaching methods

In this unit students will participate in a mixture of lectures, seminars, case study reviews, e learning, journal club and independent reading and study.

## **Assessment**

# Formative assessment/feedback

Case study review feedback and journal club presentations

ILOs 1 - 5 will be assessed by coursework 100%	ILOs 1 - 4 will be assessed by students critically analysing the assessment and care of a service user
	by presenting a case study (2000 word equivalent).  ILO 5 An account of the underpinning methodology used when analysing the assessment and care of a service user (1000 words)

- Mental health needs in physical care settings, e.g. Emergency Departments, in-patient units, primary care.
- Common mental illness presentations
- · Alcohol and substance misuse
- Assessment of mental health needs
- Understanding mental health service provision
- Understanding legislation relevant to mental health service users in non-mental health settings.
- Management of emergency mental health presentations
- · Management of common mental health presentations, in the context of setting and resources
- Research methodologies

## **Indicative learning resources**

Hart, C. & Harrison, A. 2006. *Mental health care for nurses: applying mental health skills in the general hospital.* Oxford, Blackwell.

Royal College of Psychiatrists. 2013. *CR183. Liaison psychiatry for every acute hospital: Integrated mental and physical healthcare.* London, RCPsych

http://www.rcpsych.ac.uk/usefulresources/publications/collegereports/cr/cr183.aspx [0n-line 27-07-2015]

### **Websites**

Centre for Mental Health: Mental and physical health

http://www.centreformentalhealth.org.uk/Pages/Category/physical-mental-health [27-07-2015]

College of Emergency Medicine: Mental Health

http://www.rcem.ac.uk/Shop-Floor/Clinical%20Guidelines/College%20Guidelines/Mental%20Health [27-07-2015]

#### King's Fund: Mental health

http://www.kingsfund.org.uk/time-to-think-differently/trends/disease-and-disability/mental-and-physical-health [27-07-2015]

Mental Health Foundation: Physical Health and Mental Health <a href="http://www.mentalhealth.org.uk/our-work/policy/physical-health-and-mental-health/">http://www.mentalhealth.org.uk/our-work/policy/physical-health-and-mental-health/</a> [27-07-2015]

NHS England Commissioning for quality and innovation (CQUIN):

2014/15 guidance

http://www.england.nhs.uk/wp-content/uploads/2014/02/sc-cquin-guid.pdf [27-07-2015]

Royal College of Psychiatrists – Improving Physical & Mental Health http://www.rcpsych.ac.uk/mentalhealthinfo/improvingphysicalandmh.aspx [27-07-2015]

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number	number	from	